

Club 55 Senior Center

By Carol Burrows Club 55 Senior Center Correspondent

Thursday, July 14, was designated Senior Day at the Jefferson County Fair. It was a day to provide information for older adults to those attending the fair. Sometimes neighbors or the children of seniors pass along news about services provided. Club 55 members took a shift both morning and afternoon to hand out our rack cards which has our information on it. We were part of the Fort HealthCare tent along with the Jefferson County Sherriff's Department. People like to collect free hand- outs so it was a great way for us to get the word out. Senior Centers from Watertown and Jefferson were also represented. Thanks to Diane Lunde, our liaison from Fort HealthCare, for arranging our space as well as her ongoing communication about other Senior Centers in our area.

I had not attended the Fair for a few years and wished that I had more time to see the animals and exhibits. I had forgotten that there is so much more than the food and the rides. It truly is a time for folks to come together and catch up or see what is new and exciting in the variety of exhibits. Whether you are thinking about purchasing a new garden shed for your back yard or redecorating your home you will find the information you need.

I was too young to be part of the 4-H group and to show cattle at the fair when we lived on the farm before moving to Lake Mills, but it was a big part of my families' summer, especially my dad's, as he was forever a farmer at heart. I do remember a sewing group that met with 4-H projects which may have influenced my love of sewing.

Our Club 55 room at RLAC now has air conditioning! Thanks to Ben and Jane from the Recreation Department for working on the installation and retrofitting it to the existing window. Come in to cool off and enjoy time playing a game or visiting. Just sign into the book on the cart in the hallway so we know that you are here. It provides us with attendance numbers and allows us to know who is in the building if there is an emergency of any sort.

You can find all of the activities scheduled by going to the calendar posted on the website; <https://www.lakemills.k12.wi.us/recreation/calendar-of-events-club55.cfm>

I hope you were able to get down to Commons Park on Saturday for the Art Fair. It is a great venue for the artists and visitors alike. The rain stopped and the day's weather was good for browsing the artwork and having something to eat both from the vendors and our local 'eateries'. Each July this art fair gets larger and draws more people to Lake Mills

Thanks to the five gardeners who opened their home flower gardens for others to enjoy on the Friends of L D Fargo Library Garden Tour. It was a chance to get great ideas for their own flower beds. It was easy to see that many hours are spent caring for these gardens.

The Bia Menu for Wednesday, July 27 is Spaghetti Bolognese (with meat sauce), side salad, garlic bread, dessert. Place your order by Friday, July 22 by calling 920-728-2176 or online at <https://www.lakemills.k12.wi.us/recreation/bia-meal-program.cfm> Meals are \$12 each and please pay using cash or checks made out to Crawfish Junction.

On Friday, June 17, our Club 55 Senior Center was reviewed for state accreditation and joins just 27 other senior centers in the state of Wisconsin for this designation. In 1987, the Wisconsin Association of Senior Centers (WASC) adopted the national standards developed only 9 years earlier for senior center operation and management. Senior Centers are reviewed in 9 areas of management to ensure the program is operating at the highest of standards. Our review involved Recreation Department, staff, Club 55's Board and volunteers. This is a critical step in building ties to the community and educating stakeholders about our local senior center.

Club 55's mission is to serve the community as a gathering place for adults to provide engaging activities and support healthy living and independence.

